

IronMaori Duathlon

Upper Hutt

Results

28 September 2013

Bib	Surname / Team name	First name / team members	Location	Age Group	Finish time	Placing Overall	Gender	Age Group	Splits Opening Run	Cycle	Closing Run
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Long Course (Run 10k, Cycle 40k, Run 5k)

Female

43	Gaskin	Natalie	Wellington	F30	02:23:56	6	1	1	00:39:29	01:25:07	00:19:20
84	Milner-Olsen	Ngarama	Wellington	F30	02:31:26	14	2	2	00:40:36	01:30:17	00:20:32
39	Evans	Laura	Lower Hutt	F35	02:34:10	17	3	1	00:40:39		01:53:31
111	Kendall	Rebecca	Porirua	F30	02:40:00	20	4	3	00:45:27	01:30:45	00:23:48
16	Broughton	Vanessa	wellington	F40	02:45:21	30	5	1	00:45:09	01:35:54	00:24:17
32	Duncan	Katie	Wellington	F25	02:46:24	31	6	1		02:24:27	00:21:58
4	Amner	Rosalie	Wellington	F30	02:48:47	35	7	4	00:42:47	01:45:26	00:20:33
14	Bourke	Tracey	Patea	F45	02:55:07	42	8	1	00:49:49	01:40:37	00:24:41
110	Hines	Brooke	CARTERTON	F-U25	02:55:24	43	9	1	00:47:50	01:44:39	00:22:54
61	James	Marina	Taranaki	F35	02:57:18	45	10	2	00:31:52	01:57:30	00:27:56
10	Bondy	Ann	Porirua	F60	02:59:18	50	11	1	00:52:26	01:39:52	00:27:00
138	Tatana	Diane	Lower Hutt	F35	02:59:55	51	12	3	00:51:38	01:40:36	00:27:40
67	Katene	Ruth	Wellington	F30	03:01:08	52	13	5	00:48:26	01:48:12	00:24:31
91	Ngan Kee	Kylie	Porirua	F-U25	03:07:31	58	14	2	00:42:49	02:03:05	00:21:36
145	Tomoana	Ria	Porirua	F40	03:11:41	60	15	2	00:57:12		02:14:29
47	Halford	Sheryl	Kapiti	F35	03:12:03	61	16	4	00:50:00	01:58:16	00:23:48
143	Te Whaiti	Ani	Wellington	F35	03:14:03	63	17	5	00:53:04	01:53:54	00:27:04
59	Inglis	Iona	Napier South	F40	03:15:25	66	18	3	00:58:11	01:46:53	00:30:22
2	Aitken	Charlotte	Te Awa kairangiā	F45	03:15:43	68	19	2	00:52:28	01:54:24	00:28:51
79	McConville	Kathryn	Lower Hutt	F45	03:15:55	69	20	3	00:52:23	01:55:45	00:27:47
82	Mihaka	Lydia	Wellington	F30	03:18:39	71	21	6	00:56:38	01:51:24	00:30:36
72	Mako	Michelle	lower hutt	F30	03:20:23	72	22	7	01:03:14	01:48:03	00:29:05
26	Curtis	Felicity	Wellington	F40	03:21:05	74	23	4	00:52:47	02:02:56	00:25:22
1	Adams	Julie	UPPER HUTT	F40	03:27:20	79	24	5	00:54:03	02:03:52	00:29:26
8	Best	Karina	Wellington	F35	03:27:30	80	25	6	01:03:52	01:54:33	00:29:05
86	Montgomery	June	Wellington	F40	03:27:34	81	26	6	00:56:18	02:01:33	00:29:42
114	Naik	Lucy	Waitangirua	F-U25	03:30:49	84	27	3	00:58:49	02:01:53	00:30:07
87	Moore	Jane	Wellington	F40	03:32:27	87	28	7	01:00:17	02:00:42	00:31:29
132	Stewart	Ann	Paraparaumu	F50	03:35:28	90	29	1	00:58:11	02:05:29	00:31:48
160	Whitaker	Grace	Wellington	F-U25	03:41:27	94	30	4	00:58:41	02:12:23	00:30:24
81	McRae	Hiria	Napier	F35	03:45:56	98	31	7	01:07:21	02:02:00	00:36:34
83	Mikkelsen	Penny	Wellington	F45	03:50:27	99	32	4	01:04:11	02:12:28	00:33:47
90	Ngaia	Ana	HASTINGS	F25	03:51:48	100	33	2	00:59:44	02:15:19	00:36:45

IronMaori Duathlon

Upper Hutt

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Bib	Surname / Team name	First name / team members	Location	Age Group	Finish time	Placing Overall	Gender	Age Group	Splits Opening Run	Cycle	Closing Run
Long Course (Run 10k, Cycle 40k, Run 5k) - Female (cont)											
74	Manley	Sharon	Martinborough	F40	03:53:07	103	34	8	01:08:33	02:08:17	00:36:17
19	Calder	Carol	upper hutt	F55	03:53:08	104	35	1	01:08:36	02:08:16	00:36:17
37	Raimona	Kaaterama	Woodville	F40	03:53:55	107	36	9	01:01:11	02:15:43	00:37:01
113	Manukonga	Kim	Wellington	F35	03:59:51	110	37	8	01:02:29	02:15:00	00:42:22
7	Berryman	Justine	Auckland	F35	04:01:47	112	38	9	00:59:18	02:25:42	00:36:47
161	Williams	Jaclyn	Wellington	F30	04:03:09	115	39	8	01:04:08	02:30:40	00:28:21
162	Wilson	Tere	Wellington	F45	04:07:41	117	40	5		03:28:30	00:39:11
118	Robertson	Tracey	New Plymouth	F40	04:08:17	118	41	10	01:10:51	02:19:18	00:38:07
148	Tukukino	Sophie	Porirua	F50	04:12:30	119	42	2	01:11:02	02:22:32	00:38:55
24	Crawford	Ani	Wellington	F50	04:12:31	120	43	3	01:11:04	02:22:26	00:39:00
133	Stokes	Suzanne	Napier	F50	04:17:18	123	44	4	01:10:32	02:26:55	00:39:51
30	Douce	Carole	Wellington	F65	04:18:44	124	45	1	01:08:13	02:33:40	00:36:51
76	Marama	Malena	Wellington	F45	04:21:20	125	46	6	01:11:06	02:30:26	00:39:48
166	Lomas	Mary		F50	04:32:22	126	47	5	01:13:16	02:37:55	00:41:11
135	Taepa-Matakatea	Kataraina	hastings	F35	04:48:13	129	48	10	01:25:36	02:31:07	00:51:30
3	Albert	Tira	Lower Hutt	F45	DNS						
25	Crengle	Sue	Porirua	F50	DNS						
28	Rau	Kahira	Waikanae	F45	DNS						
31	Duffell	Penny	Upper Hutt	F30	DNS						
45	Greenfield	Michelle	tauranga	F50	DNS						
46	Grootveld	Chelsea	Wellington	F35	DNS						
53	Henderson	Christina		F50	DNS						
56	Hook	Tremania	Wellington	F35	DNS						
65	Kaiwai	Gayle	Porirua	F55	DNS						
68	Keelan	Karen	Wellington	F40	DNS						
75	Mannix	Katrina	Upper Hutt	F40	DNS						
80	McDowell	Ramona	New Plymouth	F55	DNS						
88	Muir	Sally	wellington	F50	DNS						
96	Payne	Larna	New Plymouth	F25	DNS						
97	Pepere	Carol	Lower Hutt	F40	DNS						
99	Potiki	Helen	Lower Hutt	F35	DNS						
103	Raerino	Parerawhiti	Wellington	F60	DNS						
106	Collier	Viv	Upper Hutt	F40	DNS						
125	Shone	Brigette	Wellington	F30	DNS						
126	Sidwell	Rata	Porirua	F45	DNS						
136	Taite	Rachel	Whangarei	F35	DNS						
139	Taylor	Dianna	Hastings	F40	DNS						

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Long Course (Run 10k, Cycle 40k, Run 5k) - Female (cont)											
140	Te Au-Watson	Corinne	Whanganui	F50	DNS						
141	Te kani	Juanita	Rotorua	F35	DNS						
142	Te Maro	Pania	Wellington	F50	DNS						
146	Tomoana	Teri	Rotorua	F30	DNS						
164	Ngarewa	Waitohu	Taranaki	F-U25	DNS						

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Upper Hutt

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Long Course (Run 10k, Cycle 40k, Run 5k)

Male

63	Jones	Mike	lower hutt	M30	02:07:57	1	1	1	00:36:23	01:14:41	00:16:52
77	Martin	Nathan	Wellington	M30	02:08:48	2	2	2	00:36:37	01:14:19	00:17:52
93	Nicholson	Kevin	Napier	M45	02:10:56	3	3	1	00:00:00	01:52:57	00:17:59
21	Cleland	Malcolm	Upper Hutt	M25	02:17:05	4	4	1	00:39:15	01:18:56	00:18:54
5	Appleby	Matt	wellington	M40	02:19:11	5	5	1	00:39:41	01:20:47	00:18:43
168	Kovacs	Zo Hau		M35	02:24:17	7	6	1	00:43:40	01:18:47	00:21:50
163	Woods	Todd		M30	02:24:38	8	7	3	00:39:25	01:27:27	00:17:46
149	Turfrey	Michael	New Plymouth	M25	02:25:45	9	8	2	00:43:01	01:22:57	00:19:46
156	Weber	Brent	Wellington	M45	02:26:19	10	9	2	00:39:10		01:47:10
159	Wharehoka	Brendan	Lower Hutt	M40	02:28:53	11	10	2	00:43:44	01:24:38	00:20:31
108	Gray	George	Wellington	M40	02:30:30	12	11	3	00:42:28	01:27:40	00:20:21
105	Cheesman	Ross	Wellington	M55	02:30:53	13	12	1	00:42:45	01:26:32	00:21:36
73	Ratima	Anthony	hastings	M25	02:32:27	15	13	3	00:42:23	01:28:33	00:21:32
89	Newbitt	Tamati	Porirua	M45	02:33:01	16	14	3	00:43:50	01:26:14	00:22:57
98	Poland	Matt	Patea	M40	02:36:42	18	15	4	00:42:38	01:31:57	00:22:07
94	Olsen	Carl	Lower Hutt	M30	02:37:32	19	16	4	00:43:45	01:30:41	00:23:05
36	Elers	Don	Wellington	M40	02:42:56	23	17	5	00:44:40	01:34:39	00:23:37
107	Fargher	Doug	Wellington	M50	02:43:58	26	18	1	00:48:11	01:32:00	00:23:47
29	Rangihaeata	Piripi	Wellington	M35	02:44:11	27	19	2	00:49:14	01:30:08	00:24:50
33	Ede	Joe	wellington	M40	02:45:11	29	20	6	00:46:02	01:36:22	00:22:47
112	Lee	Darren	PATEA	M40	02:47:35	32	21	7	00:45:50	01:38:34	00:23:11
58	Hutchieson	Dwayne	wellington	M35	02:48:41	34	22	3	00:44:44	01:41:34	00:22:23
35	Edwin	Irai	Porirua	M40	02:48:48	36	23	8	00:52:59	01:28:31	00:27:19
119	Robson	Alf	Wellington	M45	02:52:14	38	24	4	00:49:17	01:40:07	00:22:49
52	Heffernan	James	Wellington	M50	02:53:03	39	25	2	00:46:14	01:41:51	00:24:58
85	Moa	David	Porirua	M50	02:54:15	41	26	3	00:52:35	01:35:41	00:25:58
54	Hill	Rueben	Wellington	M50	02:56:45	44	27	4	00:48:56		02:07:50
78	McCarthy	Matthew	Upper Hutt	M30	02:57:40	47	28	5	00:44:27		02:13:13
131	Start	Clive	wellington	M50	02:57:47	48	29	5	00:45:47	01:46:39	00:25:21
44	Goldsmith	Carl	WELLINGTON	M55	02:58:23	49	30	2	00:52:05	01:37:03	00:29:15
123	Sciascia	Makere	Porirua	M25	03:02:27	53	31	4	00:49:25	01:43:45	00:29:17
130	Smith	Andrew	Wellington	M40	03:03:36	54	32	9	00:47:07	01:44:40	00:31:48
151	Tweed	Brian	Porirua	M50	03:06:25	57	33	6	00:57:29	01:44:57	00:23:59
100	Potiki	Jim	napier	M55	03:07:41	59	34	3	00:54:47	01:44:53	00:28:01

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Upper Hutt

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Long Course (Run 10k, Cycle 40k, Run 5k) - Male (cont)											
165	Taepa	Witetay	Ngāti Whakau	M35	03:12:34	62	35	4	00:57:01	01:45:56	00:29:37
134	Taepa	Pirika	Upper Hutt	M35	03:15:35	67	36	5	00:56:54	01:46:01	00:32:41
12	Boslem	Ian	Whitby	M45	03:16:41	70	37	5	00:56:33	01:46:24	00:33:44
27	Donaldson	Brian	Auckland	M35	03:21:01	73	38	6	00:48:53	02:05:09	00:27:00
64	Kahu	Earl	Wellington	M45	03:22:39	75	39	6	01:04:36	01:43:24	00:34:39
101	Poutawa	Whaitiri	napier	M30	03:24:45	76	40	6	01:03:05	01:42:56	00:38:44
124	Sharrock	Jason	Wellington	M40	03:27:35	82	41	10	00:56:15	02:01:35	00:29:45
55	Himona	Peter	Christchurch	M50	03:29:25	83	42	7	01:05:47	01:53:03	00:30:36
41	Evans	Norm	Upper Hutt	M50	03:31:44	85	43	8	00:57:09	02:02:57	00:31:38
66	Kani	Ricky	Wellington	M30	03:32:28	88	44	7	00:53:06	02:07:19	00:32:02
147	Tukukino	Ross	Upper Hutt	M40	03:36:31	91	45	11	00:54:31	02:04:01	00:37:59
42	Fruean	David	Wellington	M35	04:13:11	121	46	7	01:04:16	02:32:06	00:36:48
40	Evans	Scott	Wellington	M40	DNF				00:58:35	01:40:16	#####
6	Berg	Matthew	Wellington	M40	DNS						
11	Borton	Chris	Wellington	M45	DNS						
15	Broughton	Norm	wellington	M40	DNS						
17	Brown	Timoti	Kapiti	M35	DNS						
23	Crawford	Terry	Wellington	M40	DNS						
69	Lang	Mitchell	Wellington	M45	DNS						
92	Ngarewa	Darren	Wellington	M45	DNS						
95	Parr	Craig	Flaxmere	M25	DNS						
127	Sinclair	David	Wellington	M50	DNS						
128	Skilton	Brandon	WAITARA	M40	DNS						
137	Tana	John	Paraparaumu	M60	DNS						
144	Thomas	Mike	Porirua	M-U25	DNS						
150	Tuuta	Dion	Rotorua	M40	DNS						
152	Vaughan	Nick	Otaki	M45	DNS						
153	Vinnie	Phillips	Palmerston No	M40	DNS						

IronMaori Duathlon

Results

Upper Hutt

28 September 2013

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Long Course (Run 10k, Cycle 40k, Run 5k)

Teams

434	Professionals / Golden Homes 2	Hamish, Dan		T	02:40:48	21	1	1	00:42:52	01:37:15	00:20:40
436	Professionals / Golden Homes 5	Dell, Skye, Andrea		T	02:41:58	22	2	2	00:00:00	00:00:00	02:41:58
418	Te Mauri	Norman, Gabrielle		T	02:42:59	24	3	3	00:38:07	01:45:55	00:18:57
405	Fujitsu 1	Stuart, Dave		T	02:43:40	25	4	4	00:45:44	01:36:09	00:21:47
444				T	02:44:42	28	5	5	00:39:22	01:46:37	00:18:43
440	Payton Fraser	Paul, Kim		T	02:47:38	33	6	6	00:58:07	01:26:27	00:23:05
438	Professionals / Golden Homes 7	Brian, Cameron		T	02:51:40	37	7	7	00:49:39	01:37:26	00:24:35
425	The Comeskey Cuzzies!	Nicola, Jennifer		T	02:53:47	40	8	8	00:53:59	01:33:34	00:26:15
413	On the Kaupapa	Renaee, Kathleen		T	02:57:23	46	9	9	00:54:56	01:34:35	00:27:52
431	Miiti Kau	Phoebe, Rueben		T	03:05:27	55	10	10	00:44:30		02:20:58
411	Miramar Central School	Jason, Kathleen		T	03:05:29	56	11	11	00:53:28	01:47:07	00:24:54
406	Gammie Legs	Ron, Joanne		T	03:15:11	64	12	12	01:01:23	01:42:32	00:31:16
404	Fitricks	Treena, Jennifer		T	03:15:13	65	13	13	01:01:21	01:44:03	00:29:48
437	BB Belles	Gina, Jiska		T	03:26:46	77	14	14	01:09:23	01:42:12	00:35:12
403	FAASTAS	Faasavili, Colin Tasini		T	03:27:10	78	15	15	01:22:05	01:25:10	00:39:55
415	Stuey Duey & Luey	Phillipa, Tania, Stuart		T	03:32:14	86	16	16	01:01:35	01:59:56	00:30:43
412	Nuku Swagg	Aaron, Carol, Paige		T	03:33:26	89	17	17	00:52:45	02:00:06	00:40:35
422	Team NUNU	Lisa, Maddie, Geoff		T	03:39:39	92	18	18	01:05:52	02:01:07	00:32:40
417	Te Mana o Te Wai	Krystal, Siobhan		T	03:40:04	93	19	19	01:04:07	02:04:34	00:31:23
428	Two Roses	Alethea, Anne		T	03:42:18	95	20	20	00:58:05	02:10:19	00:33:55
401	3 Musketeers	Donna, Willie, Jacqueline		T	03:42:25	96	21	21	00:59:03	02:09:59	00:33:24
416	Te Koha	Rick, Summer		T	03:45:42	97	22	22	01:25:51	01:48:54	00:30:56
443	Rowe whanau	Luke, Ariana	Hastings	T	03:52:09	101	23	23	00:56:13	02:33:03	00:22:53
430	Brown Chicken Brown Cow	Mandy, Joanna		T	03:52:41	102	24	24	01:00:08	02:23:28	00:29:05
429				T	03:53:10	105	25	25	00:40:04		03:13:06
439	Professionals / Golden Homes 8	Malcolm, Bill, Maria		T	03:53:12	106	26	26	01:25:08	01:45:38	00:42:26
433	Professionals / Golden Homes 1	Steve, Lynn, Mandy		T	03:56:51	108	27	27	01:25:16	02:00:52	00:30:44
407	Hemi Heretaunga	Jim, Josephine		T	03:58:21	109	28	28		03:09:35	00:48:46

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- Long Course (Run 10k, Cycle 40k, Run 5k) (cont)											
414	Shark Attack	Ashleigh, Cyril		T	04:00:23	111	29	29	01:08:59	02:13:39	00:37:45
432	2 Chikki babes	Marnie, Donna		T	04:02:11	113	30	30	01:16:40	02:02:42	00:42:49
442	Chanana	Na Raihania, Cc Mclroy-Moa	Heretaunga	T	04:02:12	114	31	31	01:29:11	01:46:52	00:46:10
427	Titahi Bay Cruisers	Vonda, Edward		T	04:07:37	116	32	32	01:06:08	02:28:26	00:33:03
402	Ataahua	Sasha, Robyn		T	04:16:59	122	33	33	01:29:14	01:58:44	00:49:00
410	M8zR8z	Paula, Roimata		T	04:33:51	127	34	34	00:58:35		03:35:29
441	Albert Whānau	Claudia, Alysia	Upper Hutt	T	04:48:09	128	35	35	01:15:58	02:58:04	00:34:07
400	1 White Az Maori Girl and a Black Fulla	Lorana, Akima		T	DNS						
408	Ian Finau	Ian, Crystal		T	DNS						
409	Kaka bull jam	Christopher, Leon		T	DNS						
423	Team seamar	Cherie, Jeremy		T	DNS						
426	The Nenotrons	Hayley, James		T	DNS						

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Short Course (Run 5k, Cycle 20k, Run 2.5k)

Female

210	Cooper	Rachel	Lower Hutt	F35	01:17:12	6	1	1	00:21:22	00:45:57	00:09:53
122	Sarich	Gina	Porirua	F35	01:19:11	7	2	2	00:21:54	00:47:17	00:10:00
9	Blush	Eva	Lower Hutt	F40	01:21:57	11	3	1	00:22:30	00:49:19	00:10:07
155	Ward	Nadia	Porirua, wellin	F35	01:27:32	14	4	3	00:24:20	00:51:48	00:11:24
288	Shedlock	Noni	Wellington	F35	01:31:54	22	5	4	00:24:12	00:55:58	00:11:43
121	Russell	Kim	Paraparaumu	F50	01:31:55	23	6	1	00:25:54	00:53:35	00:12:26
220	Fountain	Sarah	Wellington	F25	01:34:38	24	7	1	00:23:52	00:59:01	00:11:45
285	Sciascia	Alice	Wellington	F30	01:38:02	32	8	1	00:28:33	00:56:50	00:12:40
269	Peterson	Andrea	Wellington	F45	01:39:57	36	9	1	00:29:49		01:10:07
238	Hotu	Te Punawai	Porirua	F-U25	01:40:26	37	10	1	00:26:22	01:00:53	00:13:11
34	Edwin	Natalia	Porirua	F35	01:42:08	41	11	5	00:29:53	00:58:01	00:14:13
157	West	Cat	Upper Hutt	F35	01:43:07	43	12	6	00:30:33	00:58:16	00:14:18
226	Hainsworth	Rachelle	Napier	F35	01:43:59	48	13	7	00:29:41		01:14:18
109	Gundesen-Stewart	Rachel	Lower Hutt	F40	01:44:16	49	14	2	00:00:00	01:29:50	00:14:26
279	Rogers	Waiora	Hastings	F65	01:44:34	51	15	1	00:32:03	00:58:17	00:14:15
60	Iraia	Andrew	Wellington	F35	01:45:07	52	16	8	00:29:34	01:01:22	00:14:11
50	Harrison	Jo	Porirua	F35	01:45:26	53	17	9	00:33:23	00:57:07	00:14:57
205	Barnes	Jaci	wellington	F30	01:45:34	54	18	2	00:31:26	00:59:34	00:14:34
284	Savage	Catherine	North Canterb	F40	01:45:39	55	19	3	00:31:56	00:58:29	00:15:14
295	Te Rangi	Awhina	Porirua	F35	01:46:09	57	20	10	00:30:06	01:00:48	00:15:15
262	Murray	Laureen	Porirua	F30	01:47:21	59	21	3	00:00:00	01:33:54	00:13:28
300	Wilkinson	Olivia	Wellington	F30	01:47:21	59	22	4	00:30:09	01:03:41	00:13:31
293	Takuirā-Mita	Aliitasi	Wellington	F50	01:48:26	61	23	2	00:32:27	01:02:44	00:13:15
71	MacDougall	Ramarihi	Christchurch	F30	01:48:27	62	24	5	00:35:34	00:56:55	00:15:59
261	Murphy	Joanne	Wellington	F35	01:49:14	67	25	11	00:26:34	01:10:59	00:11:42
304	Trappitt	Fiona	Upper Hutt	F25	01:50:02	70	26	2	00:25:49	01:12:07	00:12:06
209	Chambers	Tash	Palmerston No	F30	01:52:02	73	27	6	00:29:57	01:05:50	00:16:14
200	Afoa	Nia	Wellington	F35	01:53:05	76	28	12	00:32:13	01:05:25	00:15:27
104	Barlow	Caitlin	Wellington	F-U25	01:53:11	78	29	2	00:26:14	01:14:32	00:12:25
62	James	Tracey	Palmerston No	F45	01:53:33	80	30	2	00:35:50	01:00:47	00:16:55
213	Davies	Lisa	Lower Hutt	F45	01:53:35	81	31	3	00:34:19	01:02:29	00:16:46
302	Tuiavii	Jane	Wellington	F35	01:54:35	84	32	13	00:35:27	01:05:50	00:13:19
275	Puke	Marama	Lower Hutt	F50	01:55:52	88	33	3	00:32:40	01:06:47	00:16:24
212	Darling	Anna	Lower Hutt	F30	01:56:24	89	34	7	00:32:10	01:08:30	00:15:43

IronMaori Duathlon

Upper Hutt

Results

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Bib	Surname / Team name	First name / team members	Location	Age Group	Finish time	Placing Overall	Gender	Age Group	Splits Opening Run	Cycle	Closing Run
Short Course (Run 5k, Cycle 20k, Run 2.5k) - Female (cont)											
18	Butcher	Sherryl	Hastings	F45	01:56:38	90	35	4	00:30:29	01:08:56	00:17:13
270	Petty	Teresa	Bendigo	F40	02:00:12	91	36	4	00:37:29	01:04:55	00:17:48
257	Muir	Kristie	Wellington	F25	02:00:53	92	37	3	00:29:37	01:15:57	00:15:19
115	O'Brien	Donna	Otaki	F35	02:01:05	93	38	14	00:32:49	01:09:38	00:18:38
294	Taulima	Lena	Lower Hutt	F45	02:03:11	101	39	5	00:38:19	01:07:34	00:17:19
224	Grace	Jo	porirua	F50	02:04:56	103	40	4	00:35:59	01:07:08	00:21:50
217	Edwards	Yalla	PORIRUA	F40	02:04:59	104	41	5	00:29:32	01:19:57	00:15:30
272	Pipi	Learna	Lower Hutt	F40	02:05:02	105	42	6	00:36:23	01:09:17	00:19:22
231	Harris	Joanna	Hastings	F45	02:06:27	108	43	6	00:37:33	01:08:29	00:20:25
223	Gilbert	Michelle	hastings	F50	02:10:03	110	44	5		01:49:15	00:20:48
57	Hurnen	Kirsty	Wellington	F40	02:12:49	114	45	7	00:38:58	01:15:44	00:18:07
48	Hall	Margo	Wellington	F40	02:12:50	115	46	8	00:38:43	01:16:29	00:17:38
120	Ross	Kahurangi	LOWER HUTT	F40	02:12:52	116	47	9	00:37:36	01:17:38	00:17:38
221	Fruean	Barbara	Wellington	F60	02:14:38	117	48	1	00:40:47	01:14:18	00:19:33
251	Milner	Monique	Porirua	F-U25	02:19:12	121	49	3	00:40:17	01:18:16	00:20:39
214	Duckett	Karen	New Plymouth	F55	02:19:44	122	50	1	00:43:28	01:11:50	00:24:27
129	Skipper	Kirsty	Upper Hutt	F45	02:19:45	123	51	7	00:42:15	01:17:14	00:20:16
250	McKnight	Vicki	Wellington	F45	02:19:47	124	52	8	00:42:12	01:17:13	00:20:22
215	Durie	Hinemoana	Wellington	F45	02:19:58	125	53	9	00:41:53	01:17:57	00:20:08
234	Hirini	Crystal	Levin	F25	02:22:52	130	54	4	00:39:13		01:43:39
296	Te Tana	Hine	Lower Hutt	F45	02:25:29	131	55	10	00:47:41		01:37:48
202	Allan	Corinne	Wellington	F40	02:25:46	133	56	10	00:00:00	00:00:00	02:25:46
292	Takitimu-Cook	Joni	Auckland	F30	02:26:38	134	57	8	00:39:58		01:46:40
70	Luke	Sharmaine	Paraparaumu	F55	02:26:57	136	58	2	00:45:32	01:19:24	00:22:01
233	Hinaki	Patricia	Upper Hutt	F55	02:26:58	137	59	3	00:45:06	01:17:51	00:24:02
158	Wharehinga	Evelyn	Porirua	F50	02:26:59	138	60	6	00:39:35	01:20:45	00:26:39
265	Paenga	Averalle	Porirua	F60	02:29:14	139	61	2	00:50:11	01:13:51	00:25:12
211	Cribb	Mari	porirua	F55	02:29:16	140	62	4	00:50:07	01:13:51	00:25:18
229	Hardie	Alice	Lower Hutt	F45	02:33:42	142	63	11	00:42:09	01:31:33	00:20:00
204	Ayers	Dee	Upper Hutt	F45	02:34:59	144	64	12	00:48:34	01:21:42	00:24:43
298	Waitere	Eboni	Wellington	F30	02:39:30	146	65	9	00:42:21	01:32:55	00:24:15
260	Munro	Grace	WELLINGTON	F40	02:43:26	148	66	11	00:57:07	01:22:29	00:23:50
301	Wilton	Vicki	Porirua	F40	02:43:33	150	67	12	00:43:16	01:38:20	00:21:58
274	Pointon	Moana	Wellington	F50	02:48:21	153	68	7	00:42:05	01:40:45	00:25:31
222	Fryer	Mati	Lower Hutt	F45	03:07:25	157	69	13	00:48:50	01:54:00	00:24:35
227	Hamon	Melodie	Tawa. Wellingt	F40	03:09:25	158	70	13		02:39:03	00:30:22
237	Hotereni	Kaareen	Manaia	F25	03:09:26	159	71	5	00:56:43	01:42:18	00:30:24

IronMaori Duathlon

Upper Hutt

Results

28 September 2013

Bib	Surname / Team name	First name / team members	Location	Age Group	Finish time	Placing Overall	Gender	Age Group	Splits Opening Run	Cycle	Closing Run
Short Course (Run 5k, Cycle 20k, Run 2.5k) - Female (cont)											
266	Parker	Elizabeth	Wellington	F-U25	03:12:54	160	72	4	00:43:38	02:00:37	00:28:40
256	Morgan	Te Puea	Lower Hutt	F35	03:27:38	162	73	15	00:55:07	02:02:07	00:30:24
306	Wehipeihana	Mahinerangi		F55	DNF				00:58:05		
201	Alexander	Anouk	Waikanae	F40	DNS						
207	Brodie	Emma	lower hutt	F50	DNS						
208	Cameron	Natalie	RD35, Opunaki	F25	DNS						
219	Epps	Catherine	wellington	F35	DNS						
228	Hannon	Vivienne	Wellington	F50	DNS						
235	Holland	Charlie	Wellington	F35	DNS						
236	Hooper	Robyn	Porirua	F50	DNS						
240	Kershaw	Reti	Porirua	F35	DNS						
246	Loughman	Rosaleen	Wellington	F35	DNS						
247	Mcilroy-Moa	Celia	HASTINGS	F50	DNS						
263	Nesus	Cath	Lower Hutt	F40	DNS						
264	One	Annie	wellington	F45	DNS						
277	Reti	Ayla	Wellington	F-U25	DNS						
281	Rowe	Sarah	Wellington	F30	DNS						
291	Taitoko-Burt	Naomi	Lower Hutt	F30	DNS						
22	Crawford	Mani	Wellington	F40	DNS						
49	Hape	Coline	Wellington	F35	DNS						

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Upper Hutt

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Bib	Surname / Team name	First name / team members	Location	Age Group	Finish time	Placing Overall	Gender	Age Group	Splits Opening Run	Cycle	Closing Run
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Short Course (Run 5k, Cycle 20k, Run 2.5k)

Male

248	McKay	Cameron	Wellington	M25	01:06:50	1	1	1	00:18:34	00:39:02	00:09:14
252	Milner	Nathan	WELLINGTON	M35	01:13:11	2	2	1	00:21:34	00:41:05	00:10:32
308	Moller	Gary		M55	01:13:55	3	3	1		01:03:45	00:10:10
241	Kosena	Ioasa	wellington	M40	01:14:09	4	4	1	00:20:48	00:43:06	00:10:14
249	Mckay	Deane	Lower Hutt	M35	01:16:43	5	5	2	00:20:45	00:46:00	00:09:57
254	Mizzi	Ethan	Napier	M-U25	01:21:39	10	6	1	00:21:14	00:50:03	00:10:22
38	Ellmers	Chris	Lower Hutt	M45	01:27:02	13	7	1	00:23:35	00:52:38	00:10:49
253	Milner	Tavis	WELLINGTON	M30	01:29:41	16	8	1	00:25:05	00:54:27	00:10:09
305	Tupe	Nathan	Wellington	M40	01:30:02	17	9	2	00:26:16	00:47:52	00:15:54
167	Graham	John		M45	01:31:23	21	10	2	00:25:44	00:53:43	00:11:57
278	Richards	John	Wellington	M45	01:34:47	25	11	3	00:23:04	01:00:26	00:11:16
276	Reiri	Clayton	Wellington	M45	01:35:07	27	12	4	00:25:46	00:57:18	00:12:03
271	Pim	Murray	Napier	M35	01:37:45	31	13	3	00:29:15	00:52:05	00:16:25
289	Shedlock	Rawiri	Wellington	M35	01:38:30	33	14	4	00:28:54	00:55:59	00:13:37
218	Ellis	Duncan	Lower Hutt	M50	01:39:47	35	15	1	00:31:10	00:53:10	00:15:27
154	Waho	Kevin	Wellington	M50	01:41:37	38	16	2	00:32:23	00:53:48	00:15:27
280	Rogers	Michael	Hastings	M65	01:41:54	40	17	1	00:33:04	00:53:56	00:14:53
116	O'Brien	Regan	Wellington	M30	01:43:14	44	18	2	00:29:29	00:58:22	00:15:23
310				Male	01:43:56	46	19	1	00:31:47	00:57:06	00:15:02
258	Mumu	Neil	Lower Hutt	M45	01:43:57	47	20	5	00:31:17	00:58:09	00:14:32
117	Reedy	Lyal	levin	M45	01:44:31	50	21	6	00:30:36	00:58:24	00:15:30
282	Ruki	Mike	UPPER HUTT	M50	01:45:52	56	22	3	00:34:22	00:54:15	00:17:15
286	Seidelin	Mark	Wellington	M55	01:46:11	58	23	2	00:30:59	01:02:00	00:13:11
297	Te'o	Chris	Porirua	M45	01:48:30	63	24	7	00:36:13	00:54:01	00:18:15
290	Sinclair	Billy	Porirua	M45	01:48:32	64	25	8	00:27:41	01:06:52	00:13:59
287	Shearer	Grant	Wellington	M45	01:48:34	66	26	9	00:27:00	01:07:30	00:14:04
239	Joyce	Michael	Wellington	M40	01:49:32	68	27	3	00:25:28	01:11:32	00:12:31
255	Mizzi	Stacey	Napier	M40	01:50:03	71	28	4	00:30:30	01:04:05	00:15:28
230	Harris	Tuehu	Porirua	M45	01:52:45	75	29	10	00:32:53	01:03:17	00:16:36
242	Liumaihetau	Mui	Lower Hutt	M30	01:53:06	77	30	3	00:32:06	01:05:36	00:15:24
309	Hirini	Chris		M40	01:53:21	79	31	5	00:34:34	01:02:43	00:16:04
303	Tuiavii	Ieu	Wellington	M35	01:54:34	83	32	5	00:35:23	01:05:47	00:13:25
102	Quayle	Timothy	Porirua	M40	01:55:51	87	33	6	00:35:06	01:02:46	00:17:58
206	Bidois	Alex	Lower Hutt	M40	02:05:22	106	34	7	00:38:35	01:07:20	00:19:27

IronMaori Duathlon

Upper Hutt

Results

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Bib	Surname / Team name	First name / team members	Location	Age Group	Finish time	Placing Overall	Gender	Age Group	Splits Opening Run	Cycle	Closing Run
Short Course (Run 5k, Cycle 20k, Run 2.5k) - Male (cont)											
307	Te Nana	Michael		M-U25	02:10:26	111	35	2	00:41:57	01:05:51	00:22:38
216	Edmonds	Clint	Lower Hutt	M40	02:25:30	132	36	8	00:41:27	01:23:41	00:20:23
268	Penny	Jason	Wellington	M40	02:39:33	147	37	9	00:43:24	01:32:43	00:23:25
259	Munro	Aaron	Wellington	M40	02:43:27	149	38	10	00:57:03	01:22:30	00:23:54
243	Loibl	Jason	Wellington	M45	02:45:24	151	39	11	00:28:21	01:57:34	00:19:28
244	Loibl	Karl	Wellington	M-U25	02:45:30	152	40	3	00:28:36	01:57:35	00:19:19
273	Pointon	Ashley	Wellington	M50	02:48:23	154	41	4	00:42:02	01:40:45	00:25:35
267	Parker	John	Wellington	M-U25	03:12:57	161	42	4	00:25:08	02:19:16	00:28:33
203	Andrews	Barry	otaki	M40	DNS						
225	Graham	John	Wellington	M45	DNS						
232	Hinaki	George	Upper Hutt	M50	DNS						
245	Loibl	Cory	Wellington	M-U25	DNS						
283	Sadler	Andrew	Lower Hutt	M45	DNS						
299	Wharawhara	Kaiya	Wellington	M-U25	DNS						

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Results

Upper Hutt

28 September 2013

Bib	Surname / Team name	First name / team members	Location	Age Group	Finish time	Placing Overall	Gender	Age Group	Splits Opening Run	Cycle	Closing Run
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Short Course (Run 5k, Cycle 20k, Run 2.5k)

Teams

537	Professionals / Golden Homes 4	Michael, Phil		T	01:19:35	8	1	1	00:20:11	00:53:10	00:06:15
506	Gliding High	Michael, Eamon		T	01:20:27	9	2	2	00:27:53	00:39:21	00:13:13
510	Mauzar	Mau, Alama		T	01:24:49	12	3	3	00:21:26	00:53:07	00:10:15
534	Whanau Clay	Linda, Rapata		T	01:27:38	15	4	4	00:22:52	00:50:45	00:14:00
501	Campbell Bros	Lew, Karl		T	01:30:24	18	5	5	00:27:16	00:50:11	00:12:57
505	Father and Son	Rod, Quinn		T	01:30:47	19	6	6	00:22:34	00:50:08	00:18:05
532	TriPoneke Tama	Tamati, Ngatuere, Akaroa		T	01:31:22	20	7	7	00:23:55	00:53:54	00:13:32
530	Tri Bros	Nikora, Kahuroa, Te Atawhai		T	01:34:57	26	8	8	00:25:42	00:50:39	00:18:36
502	Doctor Doctor	Maria, Ocean		T	01:36:11	28	9	9	00:24:30	01:00:17	00:11:25
513	Naati's	Sally, Marama		T	01:36:16	29	10	10	00:28:52	00:52:17	00:15:08
528	Speedys	Campbell, Kees		T	01:36:44	30	11	11	00:22:11	01:04:06	00:10:27
515	Newbies	TeUraura, Monique, Puhiaotea		T	01:38:48	34	12	12	00:29:18	00:50:59	00:18:30
535	Whatever	Aaron, Donelle, Jason		T	01:41:38	39	13	13	00:28:10	00:59:09	00:14:19
543	Mako / Lynn / Klune	Cameron, Kate, Potiki		T	01:42:49	42	14	14	00:30:24	00:58:02	00:14:23
539	Ray&Ma	Raynia, Te Maari		T	01:43:49	45	15	15	00:30:01	00:57:29	00:16:20
538	Professionals / Golden Homes 6	Rachel, Taryn, Aitken		T	01:48:34	65	16	16	00:35:29	00:59:49	00:13:16
529	Three Terrified Putiputi	Lorna, Kimberley, Nadine		T	01:49:54	69	17	17	00:30:41	01:00:33	00:18:39
519	Spider Pigs	Claudia, Susan		T	01:51:22	72	18	18	00:28:40	01:08:56	00:13:46
542	Nga Tokorua o Rikirangi	Coline, Alex		T	01:52:08	74	19	19	00:30:37	01:08:05	00:13:26
424	Team Silipa	Ashleigh, Rena, Joseph		T	01:54:29	82	20	20	00:28:43	01:11:00	00:14:46
514	Nesus	Cath, Libby		T	01:54:55	85	21	21	00:27:25	01:14:34	00:12:56
523	team3meke	Shiro, Kiri, Siencyn		T	01:55:17	86	22	22	00:33:31	01:09:40	00:12:07
527	THE M's	Janine, Andy, Dawn		T	02:01:37	94	23	23	00:38:25	01:05:02	00:18:10
531	TriPoneke Kotiro	Anna, Maia, Waimarino		T	02:01:40	95	24	24	00:37:40	00:57:19	00:26:41
524	TeAwa Whanau	Joanne, Mary		T	02:02:16	96	25	25	00:34:24	01:11:22	00:16:30
541	Team KFC	Tomasi, Samantha Van Reitt	Wellington	T	02:02:26	97	26	26	00:44:13	00:59:27	00:18:46
512	MSP Soul Fitness	Barry, Dallas		T	02:02:53	98	27	27	00:30:57	01:13:44	00:18:12
504	Eastern Sa's	Pat, Pa'ala		T	02:02:54	99	28	28	00:30:53	01:13:54	00:18:07
540	Happy Whānau	Te Au, Detroit, Mo	Hastings	T	02:03:08	100	29	29	00:43:43	00:58:09	00:21:17

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Short Course (Run 5k, Cycle 20k, Run 2.5k) - Teams (cont)											
421	Team Makea	David, Gazel		T	02:03:30	102	30	30	00:38:28	01:05:39	00:19:23
507	Last Minute	Hinehou, John		T	02:06:20	107	31	31	00:41:59	01:03:26	00:20:55
526	The Fitness Studio	Angela, Carol		T	02:06:48	109	32	32	00:39:32	01:09:11	00:18:05
435	Professionals / Golden Homes 3	Lisa, Pete, Lisa		T	02:12:21	112	33	33	00:37:45	01:16:42	00:17:54
516	Nga Morehu	Danny, Pinny, Colleen		T	02:12:48	113	34	34	00:38:12	01:14:17	00:20:19
517	Nga Whaea o te Taiao	Lavinia, Mel, Pauline		T	02:15:14	118	35	35		01:52:40	00:22:34
520	Tairawhiti Triers	Juscinta, John		T	02:15:51	119	36	36	00:39:48	01:16:59	00:19:04
518	Ngawati	Nicky, Teresa		T	02:18:32	120	37	37	00:34:53	01:25:29	00:18:10
500	Arikinui Wahine	Chanelle, Anthea, Frances		T	02:20:21	126	38	38	00:44:21	01:13:01	00:23:00
522	team tumeke	Tania, Yvonne, Ariti		T	02:20:24	127	39	39	00:35:41	01:23:18	00:21:26
503	Double Trouble	Ngahuia, Gay		T	02:21:34	128	40	40	00:35:32	01:26:19	00:19:43
508	Mana Wahine	Te Rina, Sylvia		T	02:22:44	129	41	41	00:37:01	01:27:13	00:18:31
533	Tui	Kura, Atareta, Ranea		T	02:26:52	135	42	42	00:30:19	01:35:50	00:20:43
420	Team HTC	Quentin, Anton		T	02:32:12	141	43	43	01:06:11	00:59:03	00:26:58
545				T	02:34:42	143	44	44	00:00:00	00:00:00	02:34:42
521	Tapatoru	Donna, Karen		T	02:36:53	145	45	45	01:15:15	01:03:00	00:18:38
544	Manu / August	Naomi, Whetu, Christine		T	02:59:01	155	46	46	01:09:26		01:49:35
525	Teina Tu	Leanne, Maree		T	03:02:44	156	47	47	00:47:23	01:53:53	00:21:28
419	Team 94	Isaac, Riki		T	03:55:58	163	48	48	01:00:58	02:18:51	00:36:10
509	Maniapotos	Mania, Maria		T	DNS						
511	MRM 2 front doors	Martin, Rachael, Maia		T	DNS						
536	Team Paikea	Marieka, Hemi		T	DNS						